

# Substance Use and Mental Health of American Indian/Alaska Native (AI/AN) Youth

## Substance Use<sup>1</sup>



Past-year **ALCOHOL USE** among youth aged 12–17 in the United States, 2019

<b>6.7%</b>	<b>9.4%</b>
AI/AN	U.S.



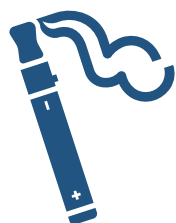
Past-month **BINGE ALCOHOL USE** among youth aged 12–17 in the United States, 2019<sup>2</sup>

<b>5.7%</b>	<b>4.9%</b>
AI/AN	U.S.



Past-month **MARIJUANA USE** among youth aged 12–17 in the United States, 2019

<b>11.1%</b>	<b>7.4%</b>
AI/AN	U.S.



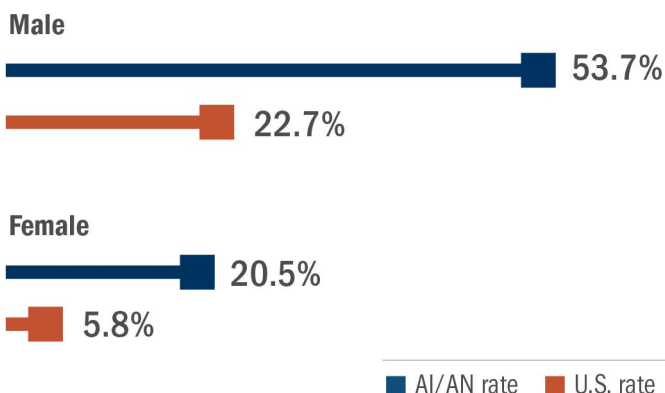
Past-month **CIGARETTE USE** among youth aged 12–17 in the United States, 2019

<b>4.7%</b>	<b>2.3%</b>
AI/AN	U.S.

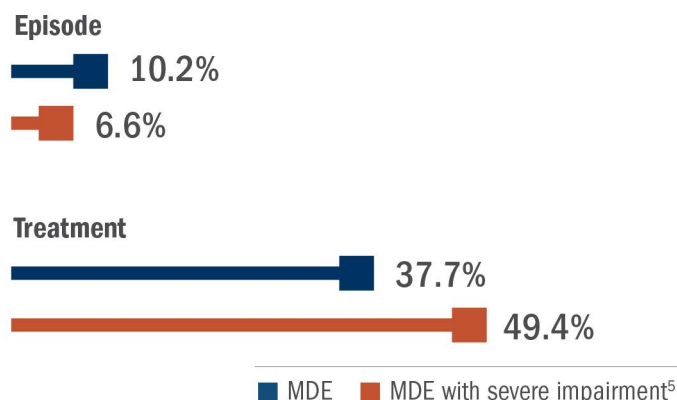
## Mental Health



Youth (ages 15–24) **SUICIDE RATES** per 100,000, by gender, 2017<sup>3</sup>



Past-year major **DEPRESSIVE EPISODE** (MDE) among AI/AN adolescents ages 12–17 by level of impairment, 2008–2019<sup>4</sup>



<sup>1</sup> SAMHSA. (2020). *Behavioral health barometer United States* (Vol. 6). [https://www.samhsa.gov/data/sites/default/files/reports/rpt32815/National-BH-Barometer\\_Volume6.pdf](https://www.samhsa.gov/data/sites/default/files/reports/rpt32815/National-BH-Barometer_Volume6.pdf)

<sup>2</sup> Binge drinking is defined as males consuming five or more drinks or females consuming four or more drinks in about 2 hours.

<sup>3</sup> National Center for Health Statistics. (2019). *Suicide rate for females and males by race and ethnicity: United States, 1999 and 2017*. Centers for Disease Control and Prevention. [https://www.cdc.gov/nchs/data/hestat/suicide/rates\\_1999\\_2017.htm](https://www.cdc.gov/nchs/data/hestat/suicide/rates_1999_2017.htm)

<sup>4</sup> NCSSE analysis of the National Survey on Drug Use and Health, 2002–2019 merged file: <https://www.datafiles.samhsa.gov/study/national-survey-drug-use-and-health-nsduh-2002-2019-nid19111>

<sup>5</sup> Severe impairment is defined as depression hindering one's home, life, work, relationships with others, or social life.