

**NATIONAL LEADERSHIP SUMMIT**  
on School Discipline and Climate

Washington, D.C. | October 6–7, 2014



**Youth Risk  
Behavior Survey  
Data Collection**



Youth Online: High School YRBS

New Jersey 2013 and United States 2013 Results

High School Youth Risk Behavior Survey						
Question	New Jersey 2013	United States 2013	p-value	New Jersey 2013 More Likely Than United States 2013	United States 2013 More Likely Than New Jersey 2013	No Difference
<b>Unintentional Injuries and Violence</b>						
<b>Never or rarely wore a bicycle helmet</b> (among students who had ridden a bicycle during the 12 months before the survey)	—	87.9 (85.0–90.2) <sup>†</sup>	~			
<b>Never or rarely wore a seat belt</b> (when riding in a car driven by someone else)	9.5 (6.9–12.9)	7.6 (6.4–9.1)	0.23			●
<b>Rode with a driver who had been drinking alcohol</b> (in a car or other vehicle one or more times during the 30 days before the survey)	19.9 (17.6–22.4)	21.9 (20.0–23.9)	0.17			●
<b>Drove when drinking alcohol</b> (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	8.7 (6.7–11.2)	10.0 (8.5–11.8)	0.31			●
<b>Texted or e-mailed while driving a car or other vehicle</b> (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	36.0 (30.7–41.7)	41.4 (38.2–44.7)	0.09			●
<b>Carried a weapon</b> (such as, a gun, knife, or club on at least 1 day during the 30 days before the survey)	10.2 (8.1–12.7)	17.9 (16.5–19.4)	0.00		●	
<b>Carried a gun</b> (on at least 1 day during the 30 days before the survey)	2.9 (1.9–4.4)	5.5 (4.8–6.3)	0.00		●	
<b>Carried a weapon on school property</b> (such as, a gun, knife, or club on at least 1 day during the 30 days before the survey)	2.7 (2.1–3.6)	5.2 (4.4–6.2)	0.00		●	
<b>Were threatened or injured with a weapon on school property</b> (such as, a gun, knife, or club one or more times during the 12 months)	6.2 (4.7–8.1)	6.9 (6.2–7.7)	0.42			●

Question	New Jersey 2013	United States 2013	p-value	New Jersey 2013 More Likely Than United States 2013	United States 2013 More Likely Than New Jersey 2013	No Difference
before the survey)						
<b>Were in a physical fight</b> (one or more times during the 12 months before the survey)	21.7 (19.0–24.7)	24.7 (23.2–26.2)	0.06			●
<b>Were injured in a physical fight</b> (one or more times during the 12 months before the survey; injuries had to be treated by a doctor or nurse)	—	3.1 (2.7–3.5)	~			
<b>Were in a physical fight on school property</b> (one or more times during the 12 months before the survey)	—	8.1 (7.5–8.9)	~			
<b>Did not go to school because they felt unsafe at school or on their way to or from school</b> (on at least 1 day during the 30 days before the survey)	5.8 (4.1–8.2)	7.1 (6.0–8.3)	0.26			●
<b>Were electronically bullied</b> (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)	14.8 (12.4–17.7)	14.8 (13.7–15.9)	0.96			●
<b>Were bullied on school property</b> (during the 12 months before the survey)	21.3 (19.0–23.8)	19.6 (18.6–20.8)	0.19			●
<b>Were ever physically forced to have sexual intercourse</b> (when they did not want to)	8.4 (6.6–10.5)	7.3 (6.6–8.1)	0.29			●
<b>Experienced physical dating violence</b> (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)	—	10.3 (9.2–11.4)	~			
<b>Experienced sexual dating violence</b> (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)	—	10.4 (9.4–11.5)	~			
<b>Felt sad or hopeless</b> (almost every day for 2 or more weeks in a row so	28.7 (25.8–31.7)	29.9 (28.3–31.6)	0.44			●

Question	New Jersey 2013	United States 2013	p-value	New Jersey 2013 More Likely Than United States 2013	United States 2013 More Likely Than New Jersey 2013	No Difference
that they stopped doing some usual activities during the 12 months before the survey)						
<b>Seriously considered attempting suicide</b> (during the 12 months before the survey)	13.9 (11.8–16.4)	17.0 (15.8–18.2)	0.02		●	
<b>Made a plan about how they would attempt suicide</b> (during the 12 months before the survey)	11.5 (9.3–14.1)	13.6 (12.3–15.0)	0.11			●
<b>Attempted suicide</b> (one or more times during the 12 months before the survey)	9.9 (8.2–11.8)	8.0 (7.2–8.9)	0.06			●
<b>Attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse</b> (during the 12 months before the survey)	—	2.7 (2.3–3.1)	~			
<b>Tobacco Use</b>						
<b>Ever tried cigarette smoking</b> (even one or two puffs)	34.2 (30.9–37.7)	41.1 (38.4–43.8)	0.00		●	
<b>Smoked a whole cigarette before age 13 years</b> (for the first time)	5.6 (4.3–7.4)	9.3 (7.8–11.1)	0.00		●	
<b>Currently smoked cigarettes</b> (on at least 1 day during the 30 days before the survey)	12.9 (10.8–15.3)	15.7 (13.5–18.1)	0.08			●
<b>Currently smoked cigarettes frequently</b> (on 20 or more days during the 30 days before the survey)	4.7 (3.8–5.8)	5.6 (4.4–7.1)	0.27			●
<b>Smoked more than 10 cigarettes per day</b> (among students who currently smoked cigarettes on the days they smoked during the 30 days before the survey)	12.5 (8.6–17.9)	8.6 (6.6–11.2)	0.12			●
<b>Did not try to quit smoking cigarettes</b> (among students who currently smoked cigarettes during the 12 months before the survey)	—	52.0 (48.7–55.1)	~			
<b>Smoked cigarettes on school property</b> (on at least 1 day during the 30 days before the survey)	—	3.8 (3.1–4.8)	~			
<b>Usually obtained their own cigarettes by buying them in a store or gas station</b> (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)	—	18.1 (14.4–22.4)	~			

Question	New Jersey 2013	United States 2013	p-value	New Jersey 2013 More Likely Than United States 2013	United States 2013 More Likely Than New Jersey 2013	No Difference
<b>Ever smoked at least one cigarette every day for 30 days</b>	—	8.8 (7.2–10.8)	~			
<b>Smoked cigarettes on all 30 days</b> (during the 30 days before the survey)	3.6 (2.7–4.7)	4.0 (3.0–5.3)	0.55			●
<b>Currently used smokeless tobacco</b> (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)	—	8.8 (7.3–10.6)	~			
<b>Currently used cigars</b> (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)	—	12.6 (11.4–13.9)	~			
<b>Currently used tobacco</b> (current cigarette use, current smokeless tobacco use, or current cigar use)	—	22.4 (19.9–25.0)	~			
<b>Alcohol and Other Drug Use</b>						
<b>Ever had at least one drink of alcohol</b> (on at least 1 day during their life)	67.9 (65.0–70.7)	66.2 (63.7–68.5)	0.33			●
<b>Drank alcohol before age 13 years</b> (for the first time other than a few sips)	14.6 (10.9–19.3)	18.6 (17.2–20.0)	0.06			●
<b>Currently drank alcohol</b> (at least one drink of alcohol on at least 1 day during the 30 days before the survey)	39.3 (35.3–43.5)	34.9 (32.8–37.1)	0.05			●
<b>Usually obtained the alcohol they drank by someone giving it to them</b> (among students who currently drank alcohol)	32.8 (27.1–39.0)	41.8 (39.4–44.1)	0.00		●	
<b>Had five or more drinks of alcohol in a row</b> (within a couple of hours on at least 1 day during the 30 days before the survey)	23.0 (19.5–26.9)	20.8 (19.1–22.7)	0.28			●
<b>Reported that their largest number of drinks in a row was 10 or more</b> (within a couple of hours during the 30 days before the survey)	—	6.1 (5.2–7.1)	~			
<b>Ever used marijuana</b> (one or more times during their life)	38.9 (35.8–42.0)	40.7 (37.9–43.5)	0.38			●
<b>Tried marijuana before age 13 years</b> (for the first time)	5.1 (3.5–7.4)	8.6 (7.4–10.1)	0.00		●	
<b>Currently used marijuana</b> (one or more times during the 30 days before the survey)	21.0 (18.5–23.6)	23.4 (21.3–25.7)	0.13			●
<b>Ever used cocaine</b> (any form of cocaine, such as, powder, crack, or freebase, one or more)	4.8 (3.4–6.8)	5.5 (4.7–6.6)	0.45			●

Question	New Jersey 2013	United States 2013	p-value	New Jersey 2013 More Likely Than United States 2013	United States 2013 More Likely Than New Jersey 2013	No Difference
times during their life)						
<b>Ever used hallucinogenic drugs</b> (such as LSD, acid, PCP, angel dust, mescaline, or mushrooms, one or more times during their life)	—	7.1 (6.0–8.4)	~			
<b>Ever used inhalants</b> (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	9.7 (7.9–11.8)	8.9 (7.9–10.1)	0.49			●
<b>Ever used ecstasy</b> (also called "MDMA," one or more times during their life)	6.7 (5.1–8.9)	6.6 (5.6–7.7)	0.87			●
<b>Ever used heroin</b> (also called "smack," "junk," or "China white," one or more times during their life)	2.4 (1.7–3.3)	2.2 (1.7–2.8)	0.70			●
<b>Ever used methamphetamines</b> (also called "speed," "crystal," "crank," or "ice," one or more times during their life)	2.6 (1.8–3.8)	3.2 (2.6–4.0)	0.32			●
<b>Ever took steroids without a doctor's prescription</b> (pills or shots, one or more times during their life)	2.3 (1.5–3.7)	3.2 (2.7–3.6)	0.14			●
<b>Ever took prescription drugs without a doctor's prescription</b> (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)	11.8 (9.8–14.0)	17.8 (15.9–19.9)	0.00		●	
<b>Ever injected any illegal drug</b> (used a needle to inject any illegal drug into their body one or more times during their life)	2.0 (1.5–2.7)	1.7 (1.3–2.3)	0.53			●
<b>Were offered, sold, or given an illegal drug on school property</b> (during the 12 months before the survey)	30.7 (27.2–34.4)	22.1 (20.2–24.1)	0.00	●		
<b>Sexual Behaviors</b>						
<b>Ever had sexual intercourse</b>	39.0 (34.5–43.6)	46.8 (43.7–49.8)	0.00		●	
<b>Had sexual intercourse before age 13 years</b> (for the first time)	4.6 (3.6–5.9)	5.6 (4.9–6.5)	0.14			●
<b>Had sexual intercourse with four or more persons</b> (during their life)	12.2 (10.0–14.9)	15.0 (13.6–16.6)	0.05			●
<b>Were currently sexually active</b> (sexual intercourse with at least one person during the 3 months before the survey)	29.1 (26.4–32.0)	34.0 (31.6–36.5)	0.01		●	

Question	New Jersey 2013	United States 2013	p-value	New Jersey 2013 More Likely Than United States 2013	United States 2013 More Likely Than New Jersey 2013	No Difference
<b>Did not use a condom</b> (during last sexual intercourse among students who were currently sexually active)	41.4 (36.7–46.2)	40.9 (38.1–43.7)	0.84			●
<b>Did not use birth control pills</b> (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	78.5 (73.6–82.8)	81.0 (78.3–83.4)	0.33			●
<b>Did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon)</b> (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	99.7 (98.6–99.9)	98.4 (97.8–98.9)	0.00	●		
<b>Did not use a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing)</b> (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	97.5 (95.1–98.8)	95.3 (94.2–96.2)	0.02	●		
<b>Did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring</b> (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	75.7 (70.2–80.5)	74.7 (71.6–77.6)	0.73			●
<b>Did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse</b> (to prevent STD and pregnancy among students who were currently sexually active)	92.2 (89.4–94.4)	91.2 (89.7–92.5)	0.45			●
<b>Did not use any method to prevent pregnancy</b> (during last sexual intercourse among students who were currently sexually active)	13.8 (9.1–20.3)	13.7 (12.2–15.4)	0.99			●
<b>Drank alcohol or used drugs before last sexual intercourse</b> (among students who were currently sexually active)	21.4 (17.4–26.1)	22.4 (20.7–24.3)	0.65			●
<b>Were never taught in school about AIDS or HIV infection</b>	—	14.7 (12.6–17.0)	~			
<b>Were never tested for HIV</b> (not including tests done when donating blood)	—	87.1 (85.6–88.5)	~			
<b>Dietary Behaviors</b>						

Question	New Jersey 2013	United States 2013	p-value	New Jersey 2013 More Likely Than United States 2013	United States 2013 More Likely Than New Jersey 2013	No Difference
<b>Did not eat fruit or drink 100% fruit juices</b> (during the 7 days before the survey)	3.9 (2.6–5.8)	5.0 (4.5–5.7)	0.16			●
<b>Did not eat vegetables</b> (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	5.2 (3.5–7.7)	6.6 (5.9–7.4)	0.18			●
<b>Did not drink milk</b> (during the 7 days before the survey)	24.9 (22.6–27.4)	19.4 (17.9–20.9)	0.00	●		
<b>Drank a can, bottle, or glass of soda or pop</b> (not including diet soda or diet pop, during the 7 days before the survey)	64.5 (60.1–68.7)	77.7 (75.6–79.6)	0.00		●	
<b>Drank a can, bottle, or glass of soda or pop one or more times per day</b> (not including diet soda or diet pop, during the 7 days before the survey)	12.2 (9.8–15.1)	27.0 (23.8–30.5)	0.00		●	
<b>Drank a can, bottle, or glass of soda or pop two or more times per day</b> (not including diet soda or diet pop, during the 7 days before the survey)	7.1 (5.3–9.5)	19.4 (16.5–22.6)	0.00		●	
<b>Drank a can, bottle, or glass of soda or pop three or more times per day</b> (not including diet soda or diet pop, during the 7 days before the survey)	4.3 (2.8–6.4)	11.2 (9.6–13.1)	0.00		●	
<b>Did not eat breakfast</b> (during the 7 days before the survey)	11.3 (8.7–14.5)	13.7 (12.3–15.2)	0.13			●
<b>Did not eat breakfast on all 7 days</b> (during the 7 days before the survey)	59.7 (54.5–64.6)	61.9 (60.3–63.5)	0.37			●
<b>Physical Activity</b>						
<b>Did not participate in at least 60 minutes of physical activity on at least 1 day</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	11.6 (9.7–13.8)	15.2 (13.9–16.6)	0.00		●	
<b>Were not physically active at least 60 minutes per day on 5 or more days</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	51.3 (47.4–55.1)	52.7 (50.8–54.7)	0.48			●
<b>Were not physically active at least 60 minutes per day on all 7 days</b>	72.4 (68.6–76.0)	72.9 (71.2–74.5)	0.83			●



Question	New Jersey 2013	United States 2013	p-value	New Jersey 2013 More Likely Than United States 2013	United States 2013 More Likely Than New Jersey 2013	No Difference
(doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)						
<b>Did not participate in muscle strengthening activities on 3 or more days</b> (such as push-ups, sit-ups, or weight lifting during the 7 days before the survey)	—	48.3 (46.1–50.5)	~			
<b>Played video or computer games or used a computer 3 or more hours per day</b> (for something that was not school work on an average school day)	36.6 (34.3–39.0)	41.3 (39.2–43.4)	0.00		●	
<b>Watched television 3 or more hours per day</b> (on an average school day)	28.5 (24.2–33.2)	32.5 (30.4–34.7)	0.10			●
<b>Did not attend physical education classes on 1 or more days</b> (in an average week when they were in school)	11.3 (7.0–17.8)	52.0 (46.2–57.8)	0.00		●	
<b>Did not attend physical education classes on all 5 days</b> (in an average week when they were in school)	54.8 (43.1–65.9)	70.6 (65.9–74.9)	0.01		●	
<b>Did not play on at least one sports team</b> (run by their school or community groups during the 12 months before the survey)	—	46.0 (43.7–48.4)	~			
<b>Weight Control</b>						
<b>Were obese</b> (≥ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)	8.7 (6.8–11.2)	13.7 (12.6–14.9)	0.00		●	
<b>Were overweight</b> (≥ 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)	14.0 (11.9–16.3)	16.6 (15.4–17.8)	0.03		●	
<b>Described themselves as slightly or very overweight</b>	—	31.1 (29.8–32.5)	~			
<b>Were not trying to lose weight</b>	—	52.3 (50.5–54.0)	~			
<b>Did not eat for 24 or more hours to lose weight or keep from gaining weight</b> (during the 30 days before the survey)	—	13.0 (12.0–14.1)	~			
<b>Took diet pills, powders, or liquids</b> (without a doctor's advice, to lose weight or to keep from gaining)	—	5.0 (4.3–5.8)	~			

Question	New Jersey 2013	United States 2013	p-value	New Jersey 2013 More Likely Than United States 2013	United States 2013 More Likely Than New Jersey 2013	No Difference
weight during the 30 days before the survey)						
<b>Vomited or took laxatives to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	—	4.4 (3.9–5.0)	~			
<b>Other Health Topics</b>						
<b>Had ever been told by a doctor or nurse that they had asthma</b>	25.9 (23.1–28.9)	21.0 (20.0–22.0)	0.00	●		
<b>Sometimes, rarely, or never wore sunscreen</b> (with an SPF of 15 or higher, when they were outside for more than 1 hour on a sunny day)	—	89.9 (88.9–90.9)	~			
<b>Used an indoor tanning device</b> (such as a sunlamp, sunbed, or tanning booth [not including getting a spray-on tan] one or more times during the 12 months before the survey)	—	12.8 (10.6–15.4)	~			
<b>Did not have 8 or more hours of sleep</b> (on an average school night)	—	68.3 (66.8–69.8)	~			

**Footnotes**

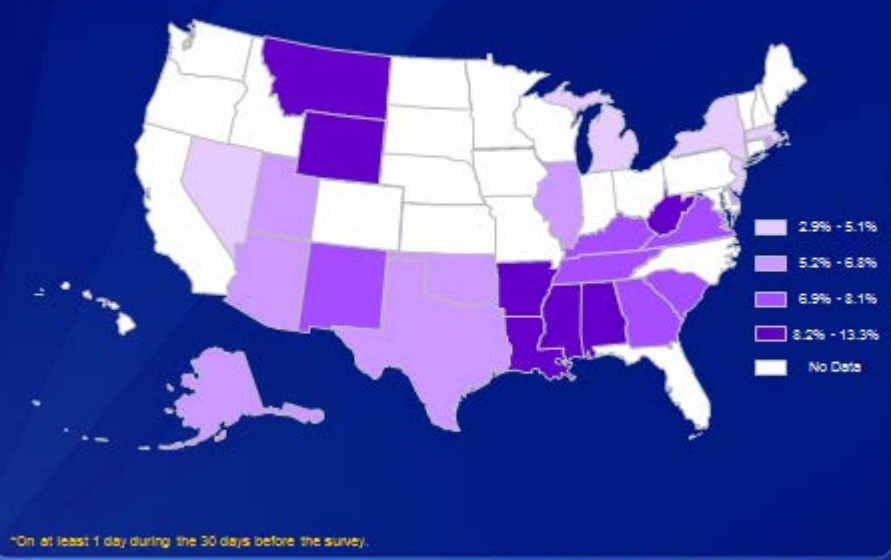
‘—’ = Data not available
† Percentage, confidence interval
~ = P-value not available

**Application URL:**<http://nccd.cdc.gov/youthonline/App/Results.aspx?TT=G&OUT=0&SID=HS&QID=QQ&LID=NJ&YID=2013&LID2=XX&YID2=2013&COL=T&ROW1=N&ROW2=N&HT=QQ&LCT=LL&FS=S1&FR=R1&FG=G1&FSL=S1&FRL=R1&FGL=G1&PV=&TST=True&C1=NJ2013&C2=XX2013&QP=G&DP=1&VA=CI&CS=N&SYID=&EYID=&SC=DEFAULT&SO=ASC&PF=1>

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232-6348, 24 Hours/Every Day - Contact CDC-INFO

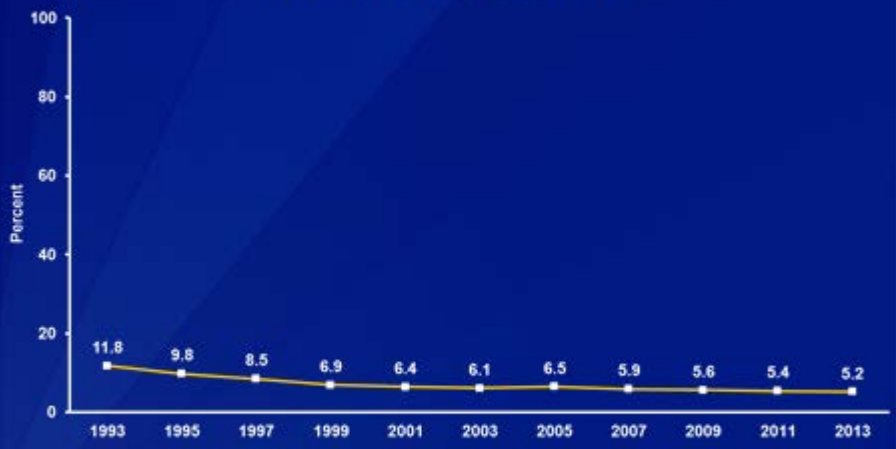


### Percentage of High School Students Who Carried a Gun\*



State Youth Risk Behavior Surveys, 2013

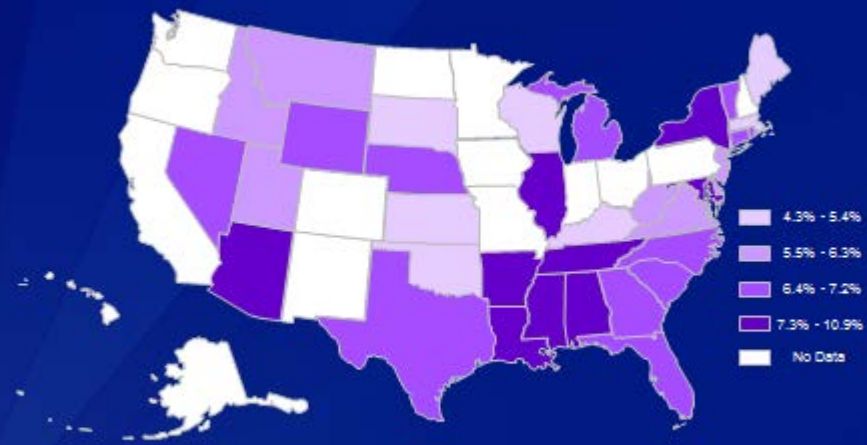
### Percentage of High School Students Who Carried a Weapon on School Property,\* 1993-2013†



\*Such as, a gun, knife, or club on at least 1 day during the 30 days before the survey.  
 †Decreased 1993-2013, decreased 1993-1999, decreased 1999-2013. (Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).)

National Youth Risk Behavior Surveys, 1993-2013

### Percentage of High School Students Who Were Threatened or Injured with a Weapon on School Property\*



\*Such as, a gun, knife, or club one or more times during the 12 months before the survey.

State Youth Risk Behavior Surveys, 2013

### Percentage of High School Students Who Were Threatened or Injured with a Weapon on School Property,\* 1993-2013†

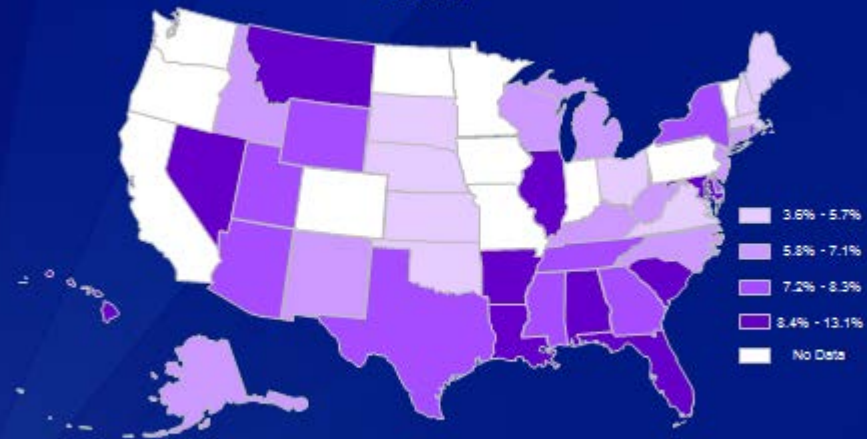


\*Such as, a gun, knife, or club one or more times during the 12 months before the survey.

†Decreased 1993-2013, no change 1993-2003, decreased 2003-2013. (Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).)

National Youth Risk Behavior Surveys, 1993-2013

**Percentage of High School Students Who Did Not Go to School Because They Felt Unsafe at School or on Their Way to or From School\***



\*On at least 1 day during the 30 days before the survey.

State Youth Risk Behavior Surveys, 2013

**Percentage of High School Students Who Did Not Go to School Because They Felt Unsafe at School or on Their Way to or From School,\* 1993-2013†**



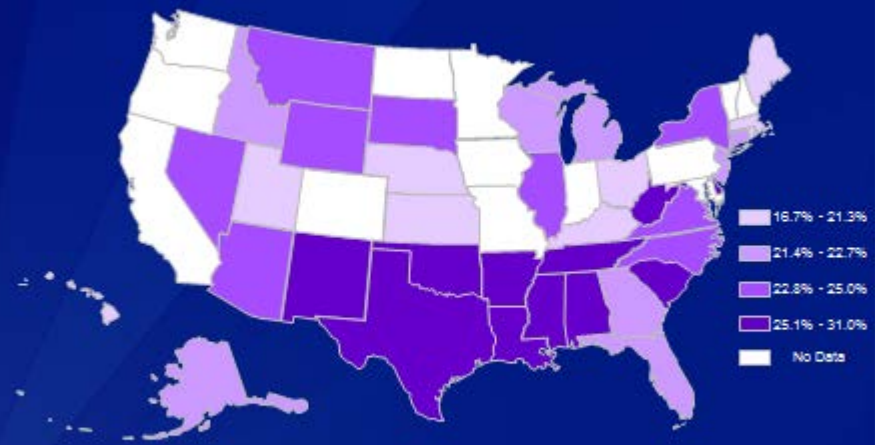
\*On at least 1 day during the 30 days before the survey.

†Increased 1993-2013 (Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

National Youth Risk Behavior Surveys, 1993-2013



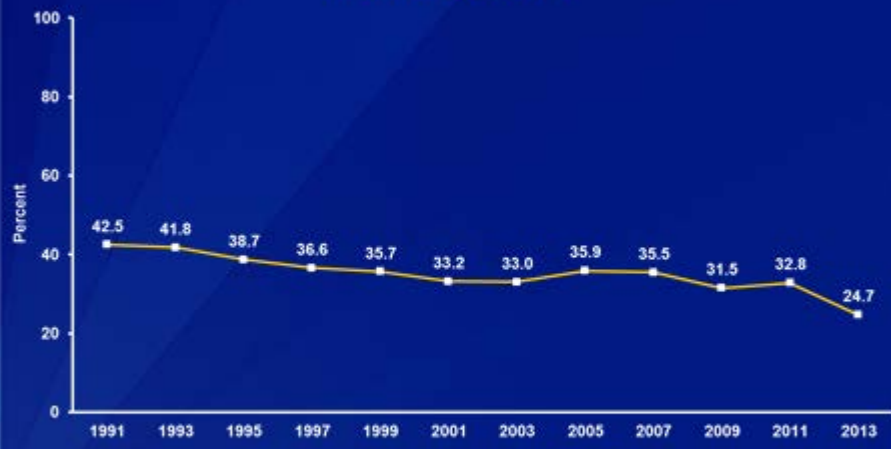
### Percentage of High School Students Who Were in a Physical Fight\*



\*One or more times during the 12 months before the survey.

State Youth Risk Behavior Surveys, 2013

### Percentage of High School Students Who Were in a Physical Fight,\* 1991-2013†

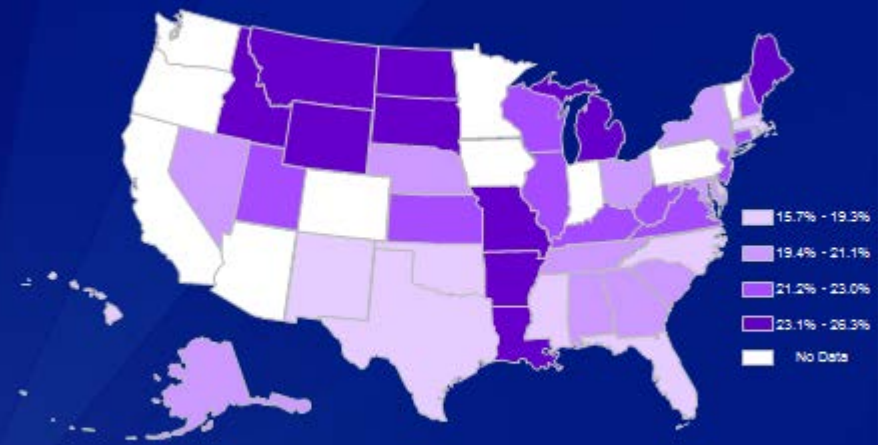


\*One or more times during the 12 months before the survey.

†Decreased 1991-2013 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

National Youth Risk Behavior Surveys, 1991-2013

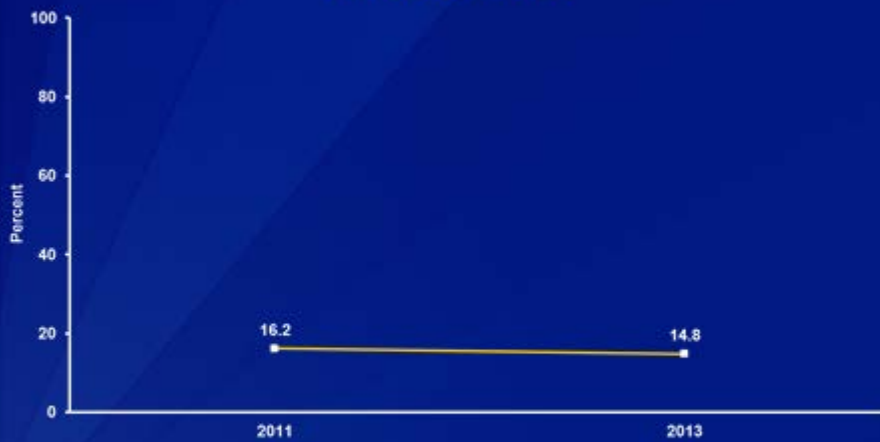
### Percentage of High School Students Who Were Bullied on School Property\*



\*During the 12 months before the survey.

State Youth Risk Behavior Surveys, 2013

### Percentage of High School Students Who Were Electronically Bullied,\* 2011-2013†

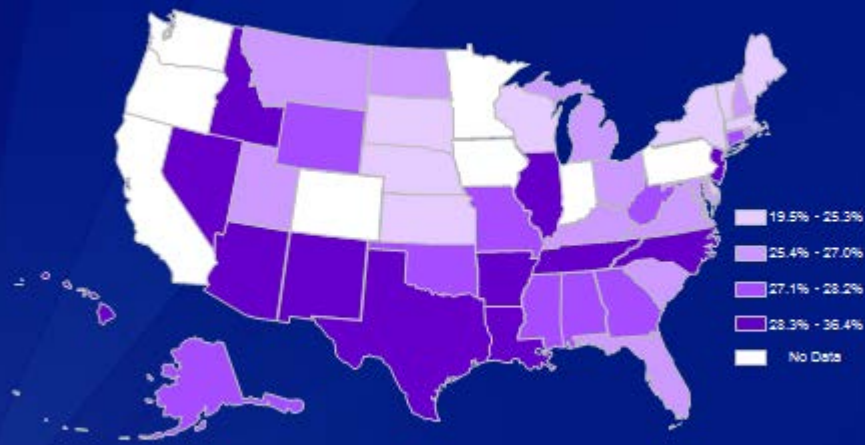


\*Including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey.

†No change 2011-2013 (Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ( $p < 0.05$ ). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).)

National Youth Risk Behavior Surveys, 2011-2013

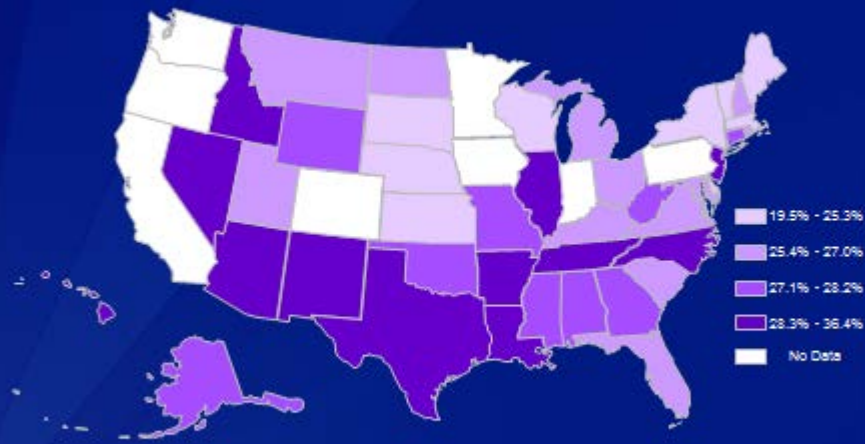
### Percentage of High School Students Who Felt Sad or Hopeless\*



\*Almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey.

State Youth Risk Behavior Surveys, 2013

### Percentage of High School Students Who Felt Sad or Hopeless\*



\*Almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey.

State Youth Risk Behavior Surveys, 2013



Location %	Percent of Students Who Carried A Weapon (such as, a gun, knife, or club on at least 1 day during the 30 days before the survey)		Percent of Students Who Did Not Go To School Because They Felt Unsafe At School Or On Their Way To Or From School (on at least 1 day during the 30 days before the survey)		Percent of Students Who Were Threatened Or Injured With A Weapon On School Property (such as, a gun, knife, or club one or more times during the 12 months before the survey)		Percent of Students Who Were In A Physical Fight (one or more times during the 12 months before the survey)		Percent of Students Who Were Bullied On School Property (during the 12 months before the survey) High School Youth Risk Behavior Survey		Percent of Students Who Felt Sad Or Hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	
	2013	2011	2013	2011	2013	2011	2013	2011	2013	2011	2013	2011
<b>National</b>												
United States	17.9†	16.6†	7.1†	5.9	6.9†	7.4	24.7†	32.8	19.6†	20.1	29.9†	28.5
<b>States</b>												
Alabama	23.1	21.5	8.6	5.1	9.9	7.6	29.2	28.4	20.8	14.1	27.4	25.8
Alaska	19.2	19.0	6.2	4.7		5.6	22.7	23.7	20.7	23.0	27.2	25.9
Arizona	17.5	17.5	8.3	7.0	9.1	10.4	23.9	27.7			36.4	33.6
Arkansas	27.1	21.1	9.6	5.7	10.9	6.3	27.0	29.1	25.0	21.9	29.0	28.4
Colorado		15.5		4.4		6.7		24.9		19.3		21.9
Connecticut			6.8	5.3	7.1	6.8	22.4	25.1	21.9	21.6	27.2	24.4
Delaware	14.4	13.5	8.2	5.1	5.6	6.4	25.1	28.0	18.5	16.5	22.9	26.8
Florida	15.7	15.6	10.2	6.5	7.1	7.2	22.0	28.0	15.7	14.0	25.8	25.7
Georgia	18.5	22.8	7.3	9.0	7.2	11.7	21.4	33.1	19.5	19.1	28.0	30.6
Hawaii	10.5	13.9	8.4	6.6		6.3	16.7	22.3	18.7	20.3	29.8	29.5
Idaho	27.0	22.8	6.2	3.5	5.8	7.3	21.6	26.4	25.4	22.8	29.4	27.3
Illinois	15.8	12.6	8.5	4.7	8.5	7.6	24.6	29.5	22.2	19.3	28.7	27.6
Indiana		17.0		4.9		6.8		29.0		25.0		29.1
Iowa		15.8		4.0		6.3		24.4		22.5		22.8
Kansas	16.1		3.8	4.6	5.3	5.5	20.4	22.4	22.1	20.5	24.0	21.9
Kentucky	20.7	22.8	7.0	8.4	5.4	7.4	21.2	28.7	21.4	18.9	25.7	27.0
Louisiana	22.8	22.2	13.1	7.2	10.5	8.7	30.8	36.0	24.2	19.2	31.4	30.1
Maine			5.4	4.6	5.3	6.8	17.0	19.5	24.2	22.4	25.1	22.0
Maryland	15.8	15.9	8.8	7.4	9.4	8.4		29.1	19.6	21.2	27.0	25.4
Massachusetts	11.6	12.3	3.6	4.8	4.3	6.8	20.3	25.4	16.6	18.1	21.7	25.2
Michigan	15.5	15.7	6.8	5.3	6.7	6.8	21.6	27.4	25.3	22.7	27.0	26.0
Mississippi	19.1	18.0	8.3	5.5	8.8	7.5	31.0	29.3	19.2	15.6	28.0	25.5
Missouri	22.2								25.2		27.3	

Location %	Percent of Students Who Carried A Weapon (such as, a gun, knife, or club on at least 1 day during the 30 days before the survey)		Percent of Students Who Did Not Go To School Because They Felt Unsafe At School Or On Their Way To Or From School (on at least 1 day during the 30 days before the survey)		Percent of Students Who Were Threatened Or Injured With A Weapon On School Property (such as, a gun, knife, or club one or more times during the 12 months before the survey)		Percent of Students Who Were In A Physical Fight (one or more times during the 12 months before the survey)		Percent of Students Who Were Bullied On School Property (during the 12 months before the survey) High School Youth Risk Behavior Survey		Percent of Students Who Felt Sad Or Hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	
	2013	2011	2013	2011	2013	2011	2013	2011	2013	2011	2013	2011
Montana	25.7	23.5	8.8	4.2	6.3	7.5	22.8	25.4	26.3	26.0	26.4	25.2
Nebraska		18.6	4.2	3.8	6.4	6.4	20.1	26.7	20.8	22.9	19.5	21.0
Nevada	16.0		11.1		6.4		23.6		19.7		31.1	
New Hampshire		14.5	5.7	4.9				23.8	22.8	25.3	25.4	25.2
New Jersey	10.2	9.6	5.8	3.6	6.2	5.7	21.7	23.9	21.3	20.0	28.7	26.1
New Mexico	22.2	22.8	6.3	8.1			27.2	31.5	18.2	18.7	30.5	29.1
New York	12.8	12.6	7.4	6.4	7.3	7.3	22.8	27.0	19.7	17.7	23.8	24.9
North Carolina	20.6	20.8	6.7	6.8	6.9	9.1	24.1	27.6	19.2	20.5	29.3	28.3
North Dakota									25.4	24.9	25.4	23.8
Ohio	14.2	16.4	5.1	6.2			19.8	31.2	20.8	22.7	25.8	27.1
Oklahoma	19.9	19.4	5.6	3.5	4.6	5.7	25.1	28.5	18.6	16.7	27.3	28.6
Pennsylvania												
Rhode Island		11.2	7.2	5.9	6.4		18.8	23.5	18.1	19.1	25.8	24.6
South Carolina	21.2	23.4	8.5	9.0	6.5	9.2	26.7	32.6	20.2	18.3	26.6	30.5
South Dakota			5.2	3.9	5.0	6.0	24.2	24.5	24.3	26.7	22.0	
Tennessee	19.2	21.1	8.0	5.0	9.3	5.8	25.7	30.8	21.1	17.5	28.3	25.9
Texas	18.4	17.6	7.7	7.1	7.1	6.8	25.4	34.1	19.1	16.5	28.3	29.2
Utah	17.2	16.8	7.3	5.6	5.5	7.0	21.3	23.9	21.8	21.7	25.7	26.7
Vermont				4.3	6.4	5.5		23.1			23.2	19.2
Virginia	15.8	20.4	5.4	5.5	6.1	7.0	23.5	24.9	21.9	20.3	25.7	25.5
West Virginia	24.3	20.7	6.7	4.9	5.5	6.5	25.2	25.7	22.1	18.6	27.5	24.5
Wisconsin	14.4	10.4	5.8	3.4	4.3	5.1	22.4	25.3	22.7	24.0	24.6	22.7
Wyoming	28.8	27.1	7.8	6.1	6.8	7.3	24.3	26.5	23.3	25.0	27.2	25.5
<b>Local</b>												
Baltimore, MD	19.4		13.5		11.6		33.5		12.1		29.4	
Borough of Bronx, NY	10.6	11.6	12.8	10.6	9.1	7.5	33.0	31.4	11.9	11.8	26.2	27.3

Location %	Percent of Students Who Carried A Weapon (such as, a gun, knife, or club on at least 1 day during the 30 days before the survey)		Percent of Students Who Did Not Go To School Because They Felt Unsafe At School Or On Their Way To Or From School (on at least 1 day during the 30 days before the survey)		Percent of Students Who Were Threatened Or Injured With A Weapon On School Property (such as, a gun, knife, or club one or more times during the 12 months before the survey)		Percent of Students Who Were In A Physical Fight (one or more times during the 12 months before the survey)		Percent of Students Who Were Bullied On School Property (during the 12 months before the survey) High School Youth Risk Behavior Survey		Percent of Students Who Felt Sad Or Hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	
	2013	2011	2013	2011	2013	2011	2013	2011	2013	2011	2013	2011
Borough of Brooklyn, NY	7.6	9.6	7.6	10.3	7.1	7.2	26.2	31.4	14.2	12.2	25.5	28.0
Borough of Manhattan, NY	7.4	9.2	7.3	7.9	5.6	6.7	22.9	28.1	12.2	10.7	29.2	28.4
Borough of Queens, NY	7.9	6.9	6.6	5.4	6.9	5.1	24.0	25.1	15.8	11.6	29.1	24.3
Borough of Staten Island, NY	9.3	8.1	7.6	7.1	6.9	7.8	24.0	23.2	16.5	13.0	26.6	26.8
Boston, MA	12.1	15.4	6.8	8.4	5.8	8.2	21.2	28.2	12.8	13.9	30.1	24.8
Broward County, FL	10.2	11.4	10.8	8.0	5.6	7.1	18.8	28.9	13.1	13.2	25.1	26.7
Charlotte-Mecklenburg County, NC	13.4	15.9	7.4	8.4	7.6	10.2	26.3	31.5	16.2	18.8	29.4	29.9
Chicago, IL	15.4	16.5	12.9	10.8	9.1	11.1		39.3	13.0	12.8	32.5	30.3
Dallas, TX		14.4		7.5		7.1		37.2		12.9		32.8
DeKalb County, GA												
Denver, CO												
Detroit, MI	12.0	13.2	10.9	20.9	9.9	7.8	30.9	34.7	27.9	19.5	29.2	28.2
District of Columbia	20.0		9.0		8.5		37.6		10.9		25.5	
Duval County, FL	19.0	18.8	10.8	11.0	9.2	10.7	29.1	32.3	19.3	17.6	28.5	27.6
Houston, TX	15.7	13.9	11.3	11.8	8.8	8.2	31.3	34.7	13.4	12.0	29.9	30.5
Los Angeles, CA	9.0	12.5	6.1	7.9	5.8	7.9	22.0	29.0	14.2	15.3	28.4	27.6
Memphis, TN	12.5	11.4	10.8	7.0	9.6	8.2	35.7	35.4	13.2	10.5	26.8	24.0
Miami-Dade County, FL	9.9	11.1	16.7	7.0	5.6	7.5	23.8	30.5	11.3	10.6	26.9	25.4
Milwaukee, WI	12.1	14.9	10.8	10.2	9.2	8.7	37.2	41.0	14.0	12.2	27.4	27.7
New York City, NY	8.3	9.1	8.3	8.4	7.1	6.7	26.1	28.6	13.9	11.7	27.4	26.9
Orange County, FL	12.3	13.8	16.8	7.0	7.4	7.1	23.6	27.6	17.0	14.2	28.3	29.3
Palm Beach County, FL	14.8	14.2	13.8	8.2	9.4	8.9	23.9	27.2	17.4	15.5	27.4	25.3
Philadelphia, PA	12.3	15.6	6.5	9.3	7.5	8.8	35.4	42.2	13.3	13.8	29.6	31.5
San Bernardino, CA	14.5	13.1	10.5	10.1	10.4	9.9	31.2	34.9	13.9	14.3	31.6	31.2
San Diego, CA	10.9	12.2	5.7	6.1	4.3	6.7	21.3	29.0	15.4	15.6	29.6	25.6
San Francisco, CA	9.2	11.4	6.4	6.1	5.5	7.1	17.2	18.7	13.0	10.6	26.3	25.9

Location %	Percent of Students Who Carried A Weapon (such as, a gun, knife, or club on at least 1 day during the 30 days before the survey)		Percent of Students Who Did Not Go To School Because They Felt Unsafe At School Or On Their Way To Or From School (on at least 1 day during the 30 days before the survey)		Percent of Students Who Were Threatened Or Injured With A Weapon On School Property (such as, a gun, knife, or club one or more times during the 12 months before the survey)		Percent of Students Who Were In A Physical Fight (one or more times during the 12 months before the survey)		Percent of Students Who Were Bullied On School Property (during the 12 months before the survey) High School Youth Risk Behavior Survey		Percent of Students Who Felt Sad Or Hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	
	2013	2011	2013	2011	2013	2011	2013	2011	2013	2011	2013	2011
Seattle, WA			3.9	5.1	6.6	6.9			12.4	14.2	21.2	21.7
<b>Territories</b>												
American Samoa		19.8		22.1		11.1		47.3		22.4		40.1
Guam	16.7	13.4	12.2	9.6	7.4	6.2	35.0	34.9	19.1	18.9	39.5	36.2
Marshall Islands												
Northern Mariana Islands												
Palau		24.0		9.5		10.9		25.4		22.5		30.8
Puerto Rico	8.9	10.0	11.6	13.9	4.1	4.9	21.1	24.6	10.6	12.7	31.8	30.6
Other Populations												
Navajo												
Nez Perce		36.6		5.8		7.7		33.4		24.5		32.8

† Percentage, confidence interval, cell size

‘—’ = Data not available

The national, state and local Youth Risk Behavior Survey (YRBS) monitors priority health risk behaviors that contribute to the leading causes of death, disability and social problems among youth and adults in the United States. The YRBS is conducted every two years during the spring semester and provides self-reported data representative of 9th through 12th grade students in public and private schools nationally and representative samples of public high school students for states, territories, tribal and districts.

Source: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion Division of Adolescent and School Health. Accessed September 29, 2014 at <http://www.cdc.gov/HealthyYouth/yrbs/index.htm>.

Compiled by: Supportive School Discipline Communities of Practice for the National Leadership Summit on School Discipline and Climate, October 6-7, 2014. Summit materials are available at <http://safesupportivelearning.ed.gov/2014-national-leadership-summit-school-discipline-and-climate>.